

PEPTAMEN® HN PHGG



DESCRIPTION

Peptamen® HN PHGG is a nutritionally complete 1.3 kcal/ml, high energy, protein peptide-based enteral feed, with 70% of total fat from MCT and added fibre enteral tube feed. It is suitable for adults. Peptamen® HN PHGG is a Food for Special Medical Purposes for use under medical supervision, for the dietary management of malnourished patients or those at risk of malnutrition, for patients with malabsorption and/or maldigestion.

PRESENTATION

500ml SmartFlex® collapsible semi-rigid bottles, 12 x 500ml per case.

INDICATIONS

ACBS approved, prescribable on FP10 (GP10 in Scotland). Indicated for patients as a sole or supplemental source of nutrition on medical grounds for short bowel syndrome, intractable malabsorption, proven inflammatory bowel disease and bowel fistulae.

INGREDIENTS:

Water, maltodextrin, hydrolysed whey protein (milk), medium chain triglycerides (MCT) oil, soybean oil, partially hydrolysed guar gum, minerals (sodium phosphate, magnesium chloride, sodium citrate, calcium phosphate, potassium citrate, potassium chloride, calcium citrate, magnesium oxide, potassium hydroxide, sodium chloride, ferrous sulphate, zinc sulphate, manganese sulphate, copper sulphate, sodium fluoride, chromium chloride, potassium iodide, sodium selenate, sodium molybdate), emulsifiers (soy lecithin, E471), vitamins (C, E, niacin, pantothenic acid, B₆, thiamin, riboflavin, A, folic acid, K, biotin, D), choline chloride, stabilisers (E412, E407), L-carnitine, taurine.

ADMINISTRATION AND DOSAGE

1500 - 2000 ml for complete nutrition or ≥500 ml for partial nutrition, depending on patient requirements as recommended by a healthcare professional.

Nutritionally complete except sodium, potassium and chloride. Where appropriate, amount, timing and/or frequency of administration must be given as directed by a dietitian or healthcare professional. For administration via enteral feeding tube. Shake well before use. To maintain a constant flow, the use of a pump is recommended.

SHELF LIFE AND STORAGE

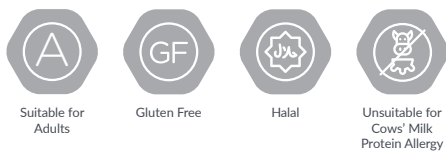
15 months from date of manufacture. Unopened, store in a cool, dry place. Once spiked use within 24 hours. Unused portion can be recapped, refrigerated and consumed within 24 hours of opening. If poured out of the pack, keep tightly covered and consume within 6 hours if at room temperature.

CONTRAINDICATIONS

Not suitable for patients with cows' milk protein allergy.

PRECAUTIONS

For enteral use only. Do not add food or drugs to the feed.



NUTRITION INFORMATION

| Typical values | Per 100ml | Per 500ml |
|----------------------------|------------|------------|
| Energy kJ/kcal | 564 / 134 | 2818 / 671 |
| Fat (33% kcal) g | 4.9 | 24.5 |
| of which saturates g | 3.5 | 17.5 |
| - MCT g | 3.4 | 17 |
| of which monounsaturates g | 0.45 | 2.2 |
| of which polyunsaturates g | 0.68 | 3.4 |
| - α-Linolenic acid mg | 80 | 400 |
| - Linoleic acid mg | 600 | 3000 |
| Carbohydrate (46% kcal) g | 15.6 | 78 |
| of which sugars g | 1.4 | 7.0 |
| - Lactose g | <0.3 | - |
| Fibre (1% kcal) g | 0.60 | 3.0 |
| Protein (20% kcal) g | 6.6 | 33 |
| Salt g | 0.22 | 1.1 |
| Vitamins | | |
| A (RE) µg | 150 | 750 |
| D µg | 1.8 | 9.0 |
| E mg | 2.3 | 11.5 |
| K µg | 9.0 | 45 |
| C mg | 18 | 90 |
| Thiamin mg | 0.23 | 1.15 |
| Riboflavin mg | 0.22 | 1.1 |
| Niacin mg (mg NE) | 0.90 (3.3) | 4.5 (17) |
| B ₆ mg | 0.30 | 1.5 |
| Folic acid µg | 43 | 215 |
| B ₁₂ µg | 0.50 | 2.5 |
| Biotin µg | 5.5 | 28 |
| Pantothenic acid mg | 0.96 | 4.8 |
| Minerals | | |
| Sodium mg/mmol | 90/3.9 | 450/19 |
| Potassium mg/mmol | 180/4.6 | 900/23 |
| Chloride mg/mmol | 60/1.7 | 300/8.5 |
| Calcium mg/mmol | 85/2.1 | 425/11 |
| Phosphorus mg | 75 | 375 |
| Phosphate mmol | 2.4 | 12 |
| Magnesium mg/mmol | 30/1.2 | 150/6.0 |
| Iron mg | 1.6 | 8.0 |
| Zinc mg | 1.5 | 7.5 |
| Copper mg | 0.17 | 0.85 |
| Manganese mg | 0.30 | 1.5 |
| Fluoride mg | 0.16 | 0.80 |
| Selenium µg | 8.6 | 43 |
| Chromium µg | 8.5 | 43 |
| Molybdenum µg | 16 | 80 |
| Iodine µg | 18 | 90 |
| Other Nutrients | | |
| Choline mg | 35 | 175 |
| Taurine mg | 10 | 50 |
| L- Carnitine mg | 14 | 70 |

Osmolality: 476 mOsm/kg
 Osmolality: 381 mOsm/l
 Water content per 100ml: 80g
 MCT = Medium Chain Triglycerides
 RE = Retinol Equivalent
 NE= Niacin Equivalent
 Recipe Code: ACEL070

