

SOAKING SOLUTION - BISCUIT



Prep: 5 mins



Serves: 4

SUITABLE FOR IDDSI LEVELS 4, 5 & 6



Vegetarian



Halal



Kosher

All food must be modified for the correct IDDSI level.

INGREDIENTS



Plain biscuits – such as a rich tea biscuit (do not use biscuits containing nuts, chocolate chips or dried fruit)



100ml milk or juice



1 scoop of Resource® Thicken up® Clear

Allergens: contains milk, wheat (gluten).

METHOD



Place 1 scoop of Resource® Thicken up® Clear into a clean, dry glass



Add the milk or juice and stir with a spoon until completely dissolved



Place the biscuit into the solution for 1 minute then remove and then place on a small side plate



Place in the refrigerator for 2 hours until soft

It is the responsibility of the person administering Resource® ThickenUp® Clear to ensure that the liquid or food is mixed to the appropriate consistency. Resource® ThickenUp® Clear is a food for special medical purposes to be used under medical supervision