

PEPTAMEN[®]

Junior 0.6



Nestlé Health Science

PEPTAMEN[®]

Junior 0.6

0,6 kcal/ml

Complete peptide based nutrition
 Nitrogenmääräsi kompletti hollantilais-
 poppilaistard soodanjärit,
 Ravitsomukollisei läyrysiähoitien
 peptidipohjinen kelturavinte.

Neutral / Neutraali

500 ml e

Hydrolysoit vily protein
 11,5g
 + 7500 mk

Hydrolysoit essensiprotein
 vatsaprosessihyönteinen
 Hydrolysoitua heraproteiinia

MCT

35,5% of total fat
 35,5% on total kyllätkä
 35,5% rasvasta

4g
 Fiber
 Rautokalkia

PEPTAMEN Junior 0.6

Best before / Lot:
 Best After / Lot:
 Best for / Lot:
 Parasta ennen / Erä:

Peptamen[®] Junior 0.6 Guide

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What is Peptamen® Junior 0.6 and why has it been recommended?

Peptamen® Junior 0.6 is a tube feed specially designed for children who have reduced calorie needs.

This feed has been recommended by your dietitian or doctor because your child:

- ✓ Is above one year of age.
- ✓ Requires tube feeding or supplements to meet their nutritional needs.
- ✓ May have experienced one or more of the following symptoms of 'intolerance' with other tube feeds - reflux (heartburn, burping), sickness, diarrhoea (watery poos) or constipation (difficulty pooing or going to the toilet less often than usual).
- ✓ Your child has lower energy (calorie) requirements for growth and development.

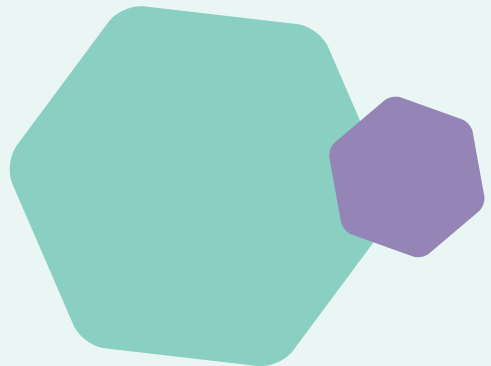


My child is on another feed, why change to Peptamen[®] Junior 0.6?



If your child is experiencing unpleasant symptoms and/or gaining too much weight with their current feed, they may do better on Peptamen[®] Junior 0.6.

Peptamen[®] Junior 0.6 is a convenient, ready-to-use formula that will allow your child to meet their lower energy requirements without the need to modify the feed. For example, reducing the amount of feed you give your child, diluting a higher energy feed, or by adding vitamin/supplement powders.



What are the benefits of Peptamen® Junior 0.6?



Peptamen® Junior 0.6 contains all your child needs for normal growth and development in one feed, despite having lower energy (calorie) levels.



It contains peptides, which offer **protein** in a broken down and easier-to-absorb way than some other feeds. This helps your child get more **nutrients** from their feed.



Peptamen® Junior 0.6 is a whey-based feed, which has been shown to reduce how often children experience intolerance symptoms.



It is available in 500ml collapsible bottles for tube feeding, and is also suitable for **bolus feeding**.

Protein: an essential part of our diet which supports our bones and helps to build and repair muscle.

Nutrient: something that provides nourishment essential for the maintenance of health and growth such as vitamins, minerals, fats, carbohydrates and protein.

Bolus feeding: a type of feeding using a syringe to deliver formula through a feeding tube.

How to use Peptamen[®] Junior 0.6



Before you get started:



- ✓ Check the expiry date printed on the **SmartFlex™ bottle**.
- ✓ Peptamen[®] Junior 0.6 should be stored unopened in a cool dry place.
- ✓ Shake the bottle well before use and make sure you wash your hands well with warm soapy water.
- ✓ Set up your equipment in a clean work area. Avoid touching the inside of the SmartFlex™ bottle, giving set or feeding tube with your hands.
- ✓ Do not store Peptamen[®] Junior 0.6 in overly cool or warm areas, such as garages/sheds or heated cupboards, as this can cause the nutrients to spoil.

If attaching the SmartFlex™ bottle directly to the feeding pump:



Unscrew the purple over-cap. Depending on which company 'giving set' you normally use, either attach the spike-type giving set to the universal cap to pierce the aluminium foil; or pull away the tag, peel back the aluminium foil and attach the giving set to the universal cap.



Once the SmartFlex™ bottle is open, the feed should be used within 24 hours.



Between feeds, the unused portion can be recapped and refrigerated. Discard any unused feed within 24 hours of opening.

If pouring the feed into a container:



Remove the outer purple cap. Pull away the tag and peel back the aluminium foil.



Once the feed is poured out of the SmartFlex™ bottle, keep tightly covered and use within 6 hours.



Pull out the suspension ring on the bottom of the bottle which can be used to attach the feed to a feeding stand.

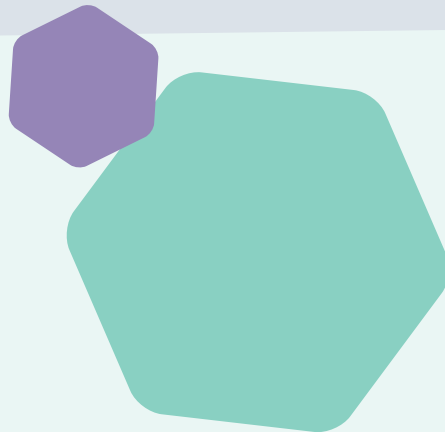


SmartFlex™: Our unique bottles which have been designed for ease-of-use and safety. Plus, the bottle and purple cap are fully recyclable. Check with your local council for further guidelines.

Next steps:



- ✓ Introduce Peptamen® Junior 0.6 to your child as prescribed.
- ✓ Your dietitian will help you fill in the Feeding Regimen on the next page which you can follow at home. This may include slowly building up Peptamen® Junior 0.6 whilst gradually reducing your current feed.
- ✓ Try filling in the Symptom Diary on pages 9 and 10 to monitor your child's symptoms on this new feed.
- ✓ It's important to keep going with the feed as the length of time to see an improvement in symptoms will differ for everyone.



Feeding regimen



Your dietitian will let you know how much Peptamen® Junior 0.6 your child will need based on age, activity level and weight. They may advise slowly changing over from your existing feed to this one, depending on what you are using now, for example if you are currently on a fibre-free feed or low fibre feed.

Child's name: _____

Start date of feed: _____

Recommended volume for Peptamen® Junior 0.6 per 24 hours: _____

Recommended feeding instructions: _____

Your child's dietitian is: _____

Contact details for your child's dietitian: _____

Contact your dietitian if you don't notice an improvement after _____ days.

Symptom diary

Feed: Peptamen[®] Junior 0.6

Week 1:

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Volume of Feed:							
Number of Poos:							
Diarrhoea / watery poos:							
Sickness:							
Reflux / heartburn / burping:							
Stomach pain:							

Symptom diary

Feed: Peptamen® Junior 0.6

Week 2:

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Volume of Feed:							
Number of Poos:							
Diarrhoea / watery poos:							
Sickness:							
Reflux / heartburn / burping:							
Stomach pain:							

PEPTAMEN[®]

Junior 0.6



Peptamen[®] Junior 0.6 is part of the Peptamen[®] family, which has been used for over 30 years to help reduce symptoms of intolerance.



This guide was developed in collaboration with Paediatric Dietitian Michelle Burke