

ANTHROPOMETRIC COMMUNICATION SUPPORT TOOL

NEUROLOGICAL DISORDERS

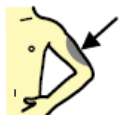
Communicating to patients with neurological disorders can often be challenging. Adding the complexity of anthropometric assessment into the equation, can add even more complexity to the communication.

Health Care Professionals highlighted the need for more support to aid their communication with patients. Nestlé Health Science collaborated with Widgeit, a company who for over 35 years have been developing software, symbols and materials for people who have difficulty in understanding and using text. Both Widgeit and our Medical Affairs Dietitian designed and created a picture communication tool with some specific symbols developed to illustrate tube feeding and anthropometric measurements. The tool was launched at our anthropometric study day and tested with the support of clinicians within their clinical setting to complement conversations between HCPs and patients during an assessment.

The toolkit can help the following aspects of the assessment:

- Conducting anthropometric measurements
- Explanation on the types of equipment used by the HCPs
- Support in making decisions with the HCPs
- Explanation of tube feeding, what it is, how it can support the patient and reasons for change in feed.

Tricep Skinfold



arm



pinch



measure

Mid Upper Arm Circumference



arm



measuring tape



measure

Knee Height



no shoes or socks



place foot



measure

Responses



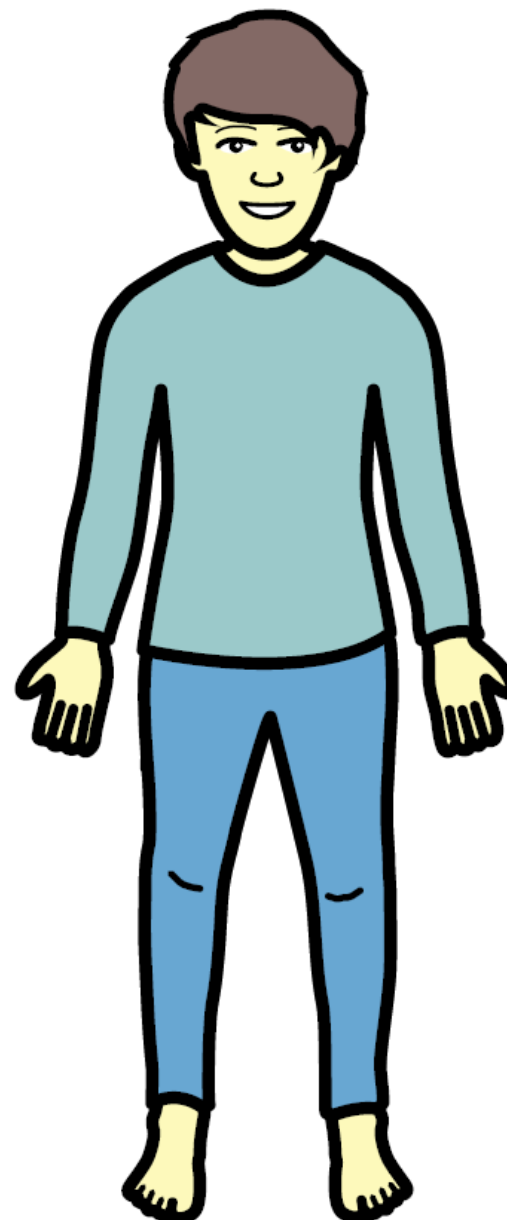
yes



no



not sure



*Better accuracy if the measurements are repeated 3 times.

For Healthcare Professional Use Only. Peptamen is a food for special medical purposes for use under medical supervision. www.nestlehealthscience.co.uk
 © Reg. Trademark of Société des Produits Nestlé S.A. Careline: 00800 68874846 or 0800 000030 Email: nestlehealthscience@uk.nestle.com

Widgit Symbols © Widgit Software 2002-2018
 For more info on symbols visit www.widgit.com

Tube Feeding



tummy



Peptamen



button



tube



milk



big



well



grow



small



unwell



improve



energy



strength



feel good

